

GRUPA CANOE

PROBE DE CONTROL PE USCAT

15-16.12.2009

| Nume / Prenume | Susp. | Imp. | Alerg. | Atarn. | Talie | Anver. | An n. |
|-------------------|--------|------|--------|--------|-------|--------|-------|
| Primejdie Erasmus | 27 | 105 | 11'22" | | 171 | 177 | 1992 |
| Necseriu Alex. | 21 | 62 | 12'48" | | 179 | 190 | 1993 |
| Coja Daniel | 21 | 59 | 12'16" | | 177,5 | 185 | 1993 |
| Dimitrievici A. | 14 | 63 | 12'04" | | 180 | 189 | 1993 |
| Andries Ionut | 25 | 112 | 11'11" | | 179 | 181 | 1994 |
| Gavrilei Ghe. | 23 | 90 | 11'23" | | 172 | 182 | 1994 |
| Marancea M. | 21 | 72 | 11'28" | | 181 | 182 | 1994 |
| Cazac George | 13 | 59 | 12'38" | | 182,5 | 195 | 1994 |
| Morosanu Cristian | 12 | 33 | 13'16" | | 180 | 190 | 1994 |
| Amza Silviu | abs. | | | | 176 | 182 | 1994 |
| Daescu Cristian | 25 | 52 | 11'59" | | 169 | 176 | 1995 |
| Dumitru Andrei | 11 | 79 | 13'24" | | 185 | 182 | 1995 |
| Bosie Alexandru | 16 | 48 | 12'12" | | 173 | 176 | 1995 |
| Palco Sergiu | abs. | | | | 168 | 174 | 1995 |
| Ciolpan Cosmin | 16 | 60 | 11'56" | | 174 | 182 | 1995 |
| Mihard Mihai | bolnav | | | | 170 | 177 | 1995 |
| Zarnoianu Ionut | 7 | 24 | bolnav | 4'06" | 172 | 184 | 1995 |

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|------------------|------|----|--------|-------|-------|-----|------|
| Tutuianu George | 4 | 46 | 14'40" | | 173 | 180 | 1995 |
| Strat Stefan | 6 | 61 | 12'31" | | 176,5 | 190 | 1996 |
| Rabota Alexandru | 10 | 82 | 14'36" | | 168 | 182 | 1996 |
| Petco Dorin | 5 | 46 | 14'57" | | 165 | 174 | 1996 |
| Tudor Adelin | 6 | 45 | 14'25" | | 164 | 167 | 1996 |
| Gunoi Narcis | 3 | 40 | bolnav | 2'20" | 162 | 175 | 1996 |
| Vasile George | 10 | 63 | 14'10" | | 158,5 | 158 | 1997 |
| Paun Alexandru | abs. | | | | 155 | 159 | 1997 |
| Malaescu Gabriel | abs. | | | | | | 1997 |

Profesor-antrenor:

GHITOAICA ALEXANDRU

Suspensii la 30"

Impins din culcat dorsal 2' cu haltera de: 40 kg jun I

35 kg jun II

25 kg jun III

Alergare 3000m